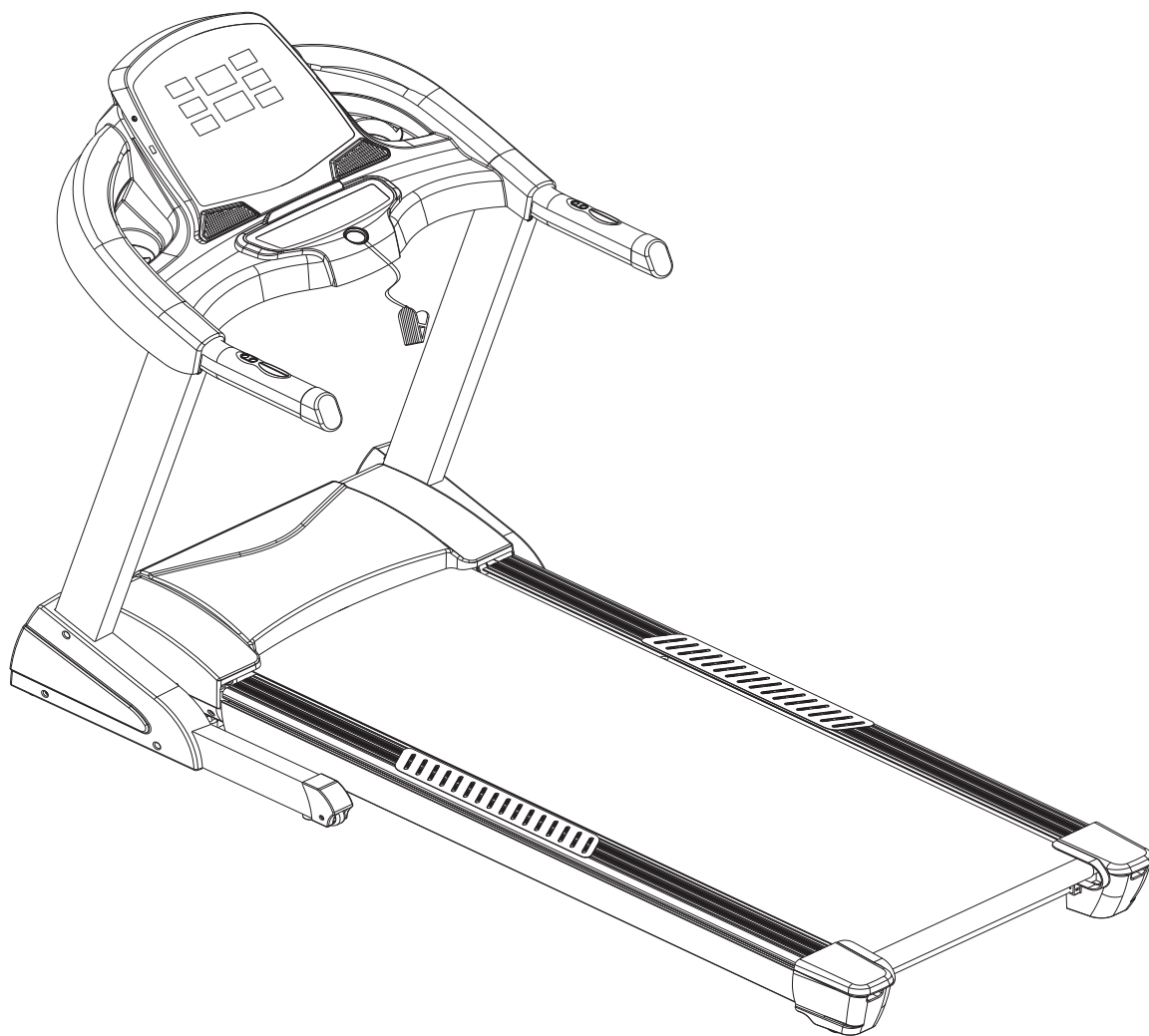




Treadmill

Model No:

COLORADO 300



**Retain this owner's manual for future reference
Read and follow all instructions in this owner's manual**



Warranty Registration Form

Congratulations on purchasing your product, we at GPI believe that our product range is of the highest quality and represents great value for money.

We back our product range up with our industry leading warranty.

Please see below for the step by step instructions on how to register your product warranty online.



Step 1 Visit our Website

Go to the GPI Sports website: www.gpisports.com.au/warranty



Step 2 Enter Purchase Information

Enter all purchase information including the serial number and proof of purchase which can be uploaded from this page



Step 3 Call Our Toll Free Number

If a warranty service request is required on your product please call the toll free number - **1800 005 770**

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IMPORTANT SAFETY PRECAUTIONS

WARNING: Before starting any exercise program, consult with your physician or health professional, especially the person who is above 35 years old people or has some health problems before. We take no responsibility for any troubles or hurts due to above reasons. Don't power on until you finish assembly the treadmill and covering the protected top of motor.

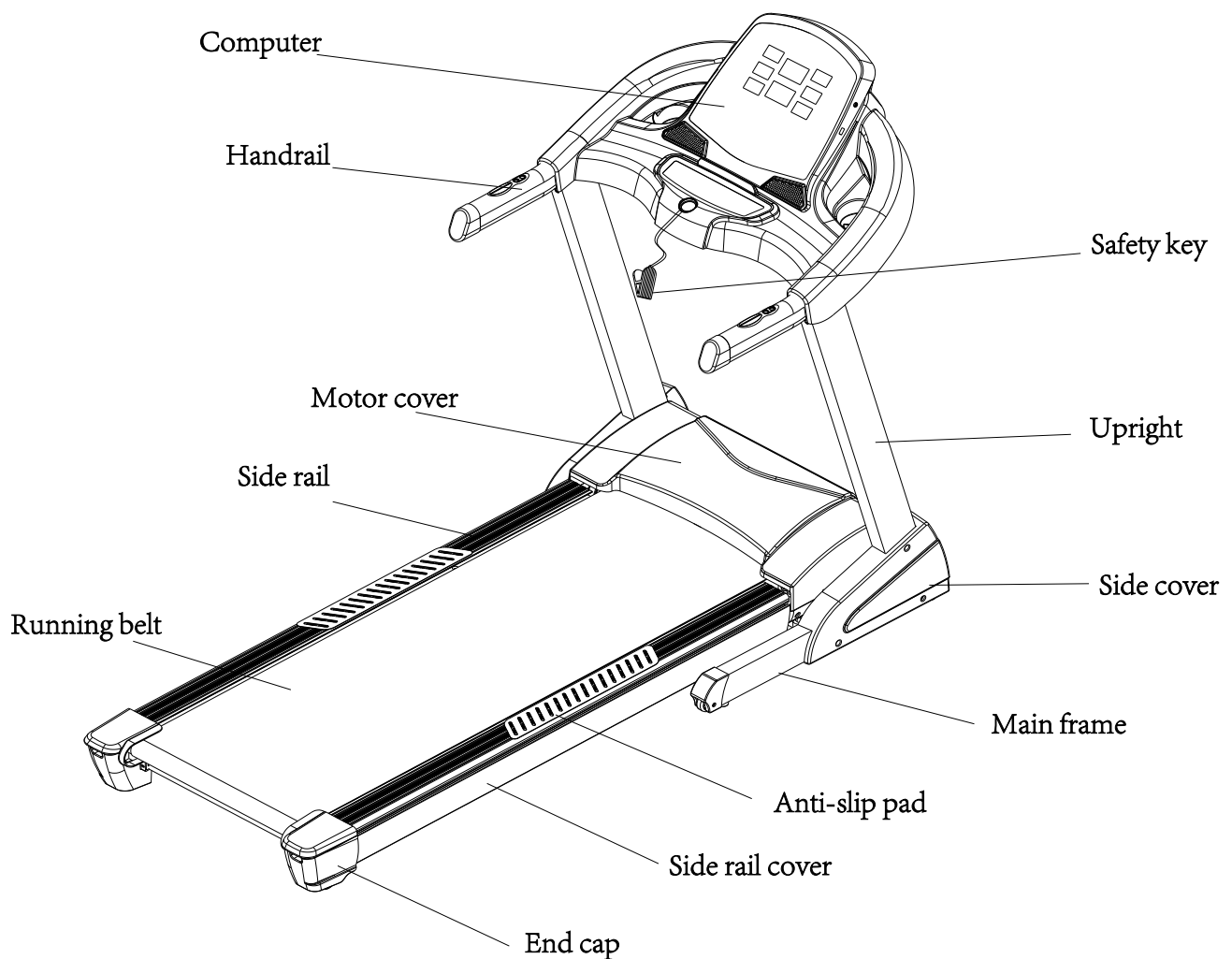
ATTENTIONS:

1. When using this treadmill, keep attaching the safety pull pin rope to your clothes or belt.
2. Do not plug anything into any parts of this equipment as it may cause damage and a serious safety risk.
3. Position the treadmill on a clear, level surface. Do not place the treadmill on thick carpet as it may interfere with proper ventilation. Also, do not place the treadmill near water or outdoors.
4. Never start the treadmill while you are standing on the walking belt. After turning the power on and adjusting the speed control, there may be a pause before the walking belt begins to move, always stand on the foot rails on the sides of the frame until the belt is moving.
5. Wear appropriate clothing when exercising on the treadmill. Do not wear long, loose fitting clothing that could become caught in the treadmill. Always wear running or aerobic shoes with rubber soles.
6. Keep small children or pet away from the treadmill during operation.
7. Do not exercise for 40 minutes after a meal.
8. This treadmill is designed and intended for using by adults. Any use by people less than adult age needs to be under strict supervision and at the risk of the user and supervisor.
9. Always hold the handrails when initially walking or running on the treadmill, until you are familiar with the use of the treadmill.
10. The treadmill is for indoor equipment, do not use outdoor. Position the treadmill on a clean, level surface.
Note: The treadmill is made with specialised equipment, please do not attempt to modify any of the original parts.
11. The power cord of motorized treadmill is specialized. If the power cord is damaged, please purchase it from distributor or contact our company directly.
12. If the treadmill should suddenly increase in speed due to an electronics failure or the speed inadvertently increased, the treadmill will come to a sudden stop when the pull pin is disengaged from the console.
13. Do not use an extension cord with this product. Keep the power cord clear from all moving parts. Do not place the power cord underneath the treadmill as it may become entangled and cause a serious safety risk. Ensure that the power cord is not near any high temperature.
14. When the treadmill is not being used, the power cord should be unplugged and the safety pull pin removed.
Note the power cord of motorized treadmill made by special equipment, and if it is broken, please contact distributor quickly.
15. The treadmill is for home use only.
16. The treadmill maximum user weight is 150 KG.
17. Please do not overuse the treadmill so can avoid any injury and do not use incorrect way for your safety.
18. When the treadmill is not being used please remove the safety key and store it in a secure place so as to avoid use by children.

The main technical parameters

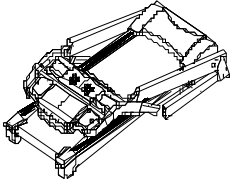
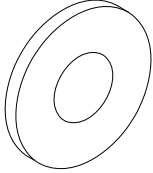
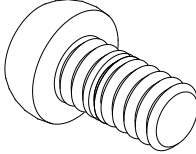
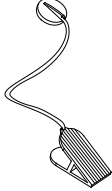
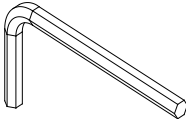

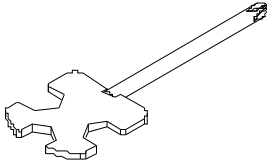
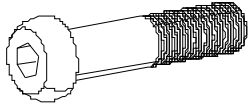
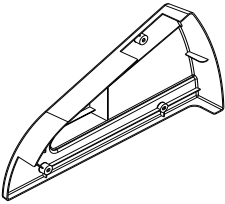
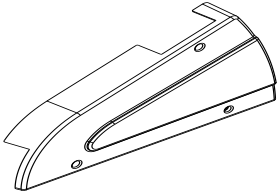
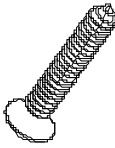
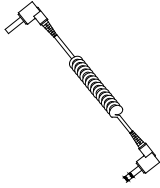
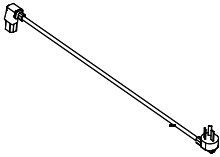
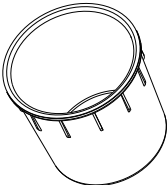
Input supply voltage : 240V	Working temperature: 0-40 °C
Speed range: 0.8-22 km/h	Incline range:15 level Motor incline
Max.user weight: 150kg	Distance display range: 0.00-99.9km
Calories display range: 000-999	Time display range: 00: 00-99: 59 (min : sec)
Heart rate range: 50-200 (time / min)	Running surface: 520*1520mm
Product size: 1920*855*1440mm	Folding size: 1110*850*1720mm

Product Overview

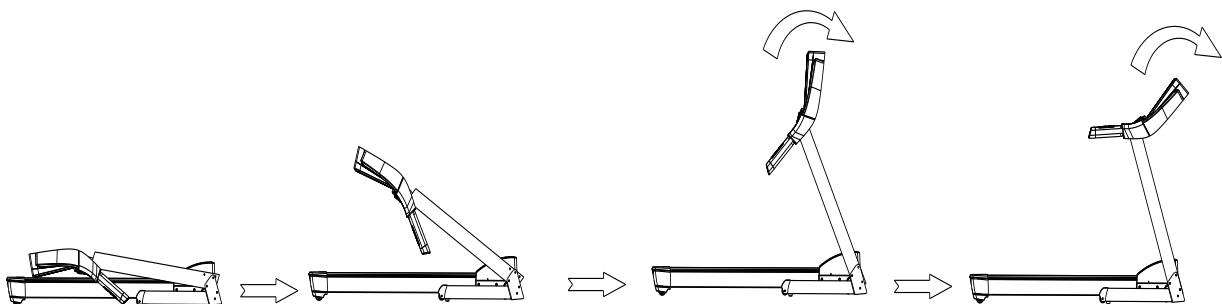


Assembly instruction

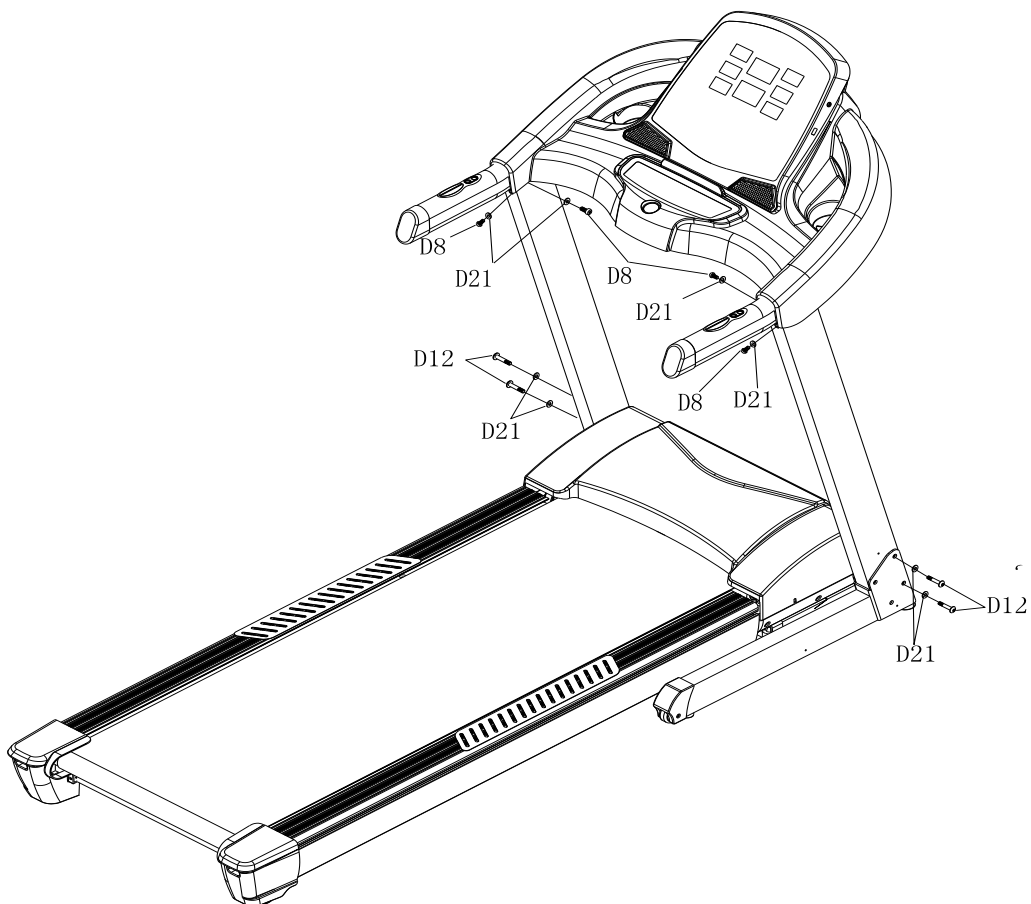
WHEN YOU OPEN THE CARTON, YOU WILL FIND THE BELOW SPARE PARTS:

<p>Main frame 1set</p> 	<p>D21 Flat washer M10 8pcs</p> 	<p>D8 Round hex bolt M10*15 4pcs</p> 	<p>C13 Safety Key 1set</p> 
<p>D2 Allen wrench T6, 1 pc</p> 	<p>B18 Silicon oil 1pc</p> 	<p>D1 Screw driver 1 pc</p> 	<p>D12 Round hex bolt M10*55 4pcs</p> 
<p>B11 Left Side cover 1 pc</p> 	<p>B11 Right Side cover 1 pc</p> 	<p>D48 Cross self-tapping bolt ST4.2X19, 6 pcs</p> 	<p>C19 MP3 cable 1PCS</p> 
<p>C15 Power cable 1PC</p> 	<p>B49 Water bottle holder 2PCS</p> 		

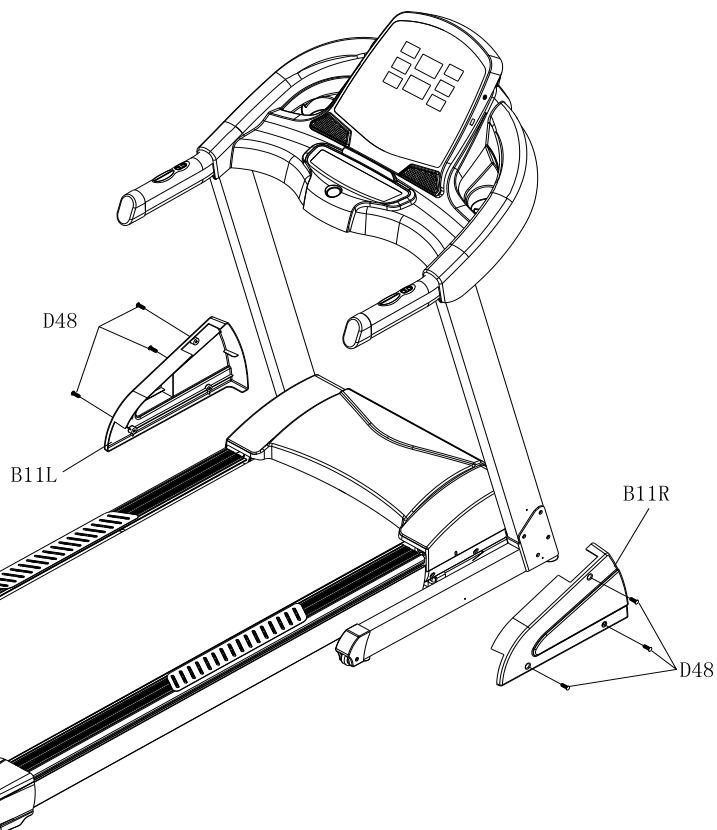
STEP 2: According to the following steps to lift up the uprights.



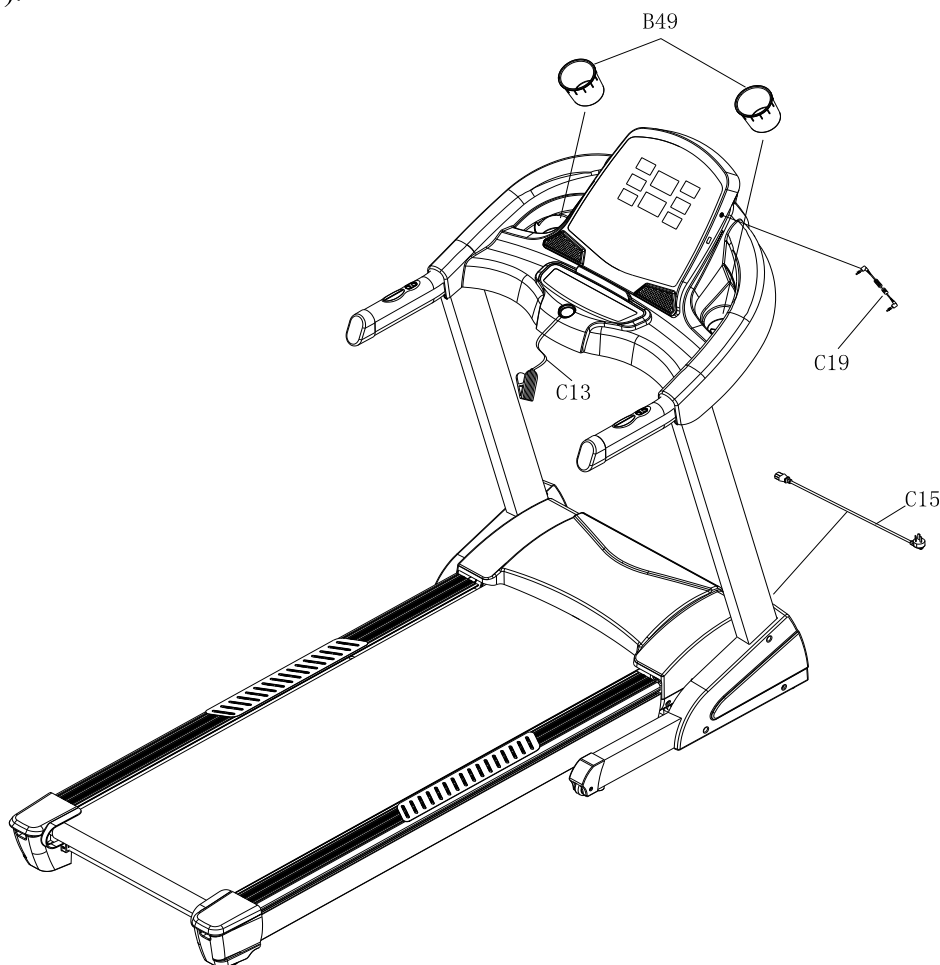
STEP 3: According to the picture, tighten the bottom frame with bolt M10*55(D12) and flat washer(D21). Then locked the console frame with M10*15 (D8) and flat washer (D21).



Step 4: Attach the left/right side covers (B11L)&(B11R) to the base frame with bolt ST4.2*19 (D48) as picture.



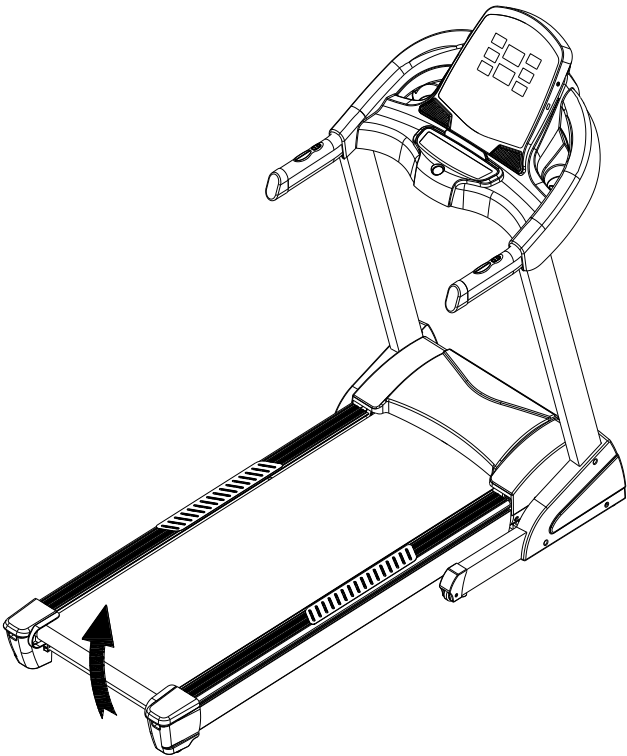
Step 5: Put the water bottle holder (B49) on, then place on safety key (C13), MP3 cable (C19) and power cable (C15).



Step 6: To check if the running belt runs correctly, placing treadmill in folding position and tightening all the bolts. Then set speed under 3km/h and see if running belt runs without problem.

ATTENTION: Must confirm complete assembly as the required above and lock all bolts. Do the following operations after checking everything is OK. Before you use the treadmill, please read the instructions carefully.

Folding instruction



Lift up the machine and force to pull up until you heard "click" that made by safety casing stuck the pneumatic cylinder. The treadmill must be powered off before folding.

Unfolding instruction



Lightly push the rear of running deck, and kick gently the cylinder also press the rear end of treadmill in the meantime to let it unfold slowly.

Grounding Methods

This product must be grounded. If it should malfunction or breakdown, grounding provides a path of least resistance for electric current to reduce the risk of electric shock. This product is equipped with a cord having an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

DANGER – Improper connection of the equipment-grounding conductor can result in a risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the product – if it will not fit the outlet, Please find a proper outlet installed by a qualified electrician.

This product is for use on a nominal 240V circuit and has a grounding plug. Make sure that the product is connected to an outlet having the same configuration as the plug. No adapter should be used with this product.

Grounding Methods

1.1 WINDOW DISPLAY



1.2. START

Normal start after 5 seconds countdown

1.3 PROGRAM

1 manual mode, 3 countdown function, 15 pre-set programs, 3 USER, 3HRC, 1 body fat program

1.4 SAFETY LOCK FUNCTION

The window shows "--" when take away the safety lock and the treadmill will stop quickly with "didi" alarm noise. And put the safety lock on, the computer will display for 2 seconds and the data will return to "0".

1.5 BUTTON FUNCTION

1.5.1 START/STOP

"START"--When the treadmill is not running, press this button to start, speed is "0.8"

"STOP"--When the treadmill is running, press this button to stop, then set program default and then return to manual mode after stopped.

1.5.2 "PROGRAM" BUTTON

When the treadmill is not running, press this button can circle choose 22 different modes: "P1--P15--U1---U3---HRC1 ---HRC3- -FAT" manual mode is the default operating mode, The default speed of manual mode is 0.8KM / H, the maximum operating speed is 22.0km / h.

1.5.3 “MODE” BUTTON

When the treadmill is not running, press this button to choose countdown modes:”H-1”,”H-2”,”H-3”, “H-1” is the time countdown mode, and “H-2” is the distance countdown mode,“H-3” is the calorie countdown mode; press the “SPEED+/-” or “INCLINE+/-“button to adjust the data. After that, press the “START” button to start this treadmill.

1.5.4“SPEED +/-“BUTTON

SPEED +/---Adjust speed when treadmill start, the increment is 0.1km/time in kilometer. Press the button more than 2 seconds, and it will be up or down automatically.

1.5.5 SPEED QUICK BUTTON

Press the speed quick button 4 , 8, 12 to adjust the speed directly when the treadmill is running

1.5.6 “INCLINE+/-” BUTTON

INCLINE +/- --Adjust incline when treadmill start; the increment is 1 level/time. Press the button more than 2 seconds, and it will be up or down automatically

1.5.7 INCLINE QUICK BUTTON

Press the incline quick button 3 , 6 , 9 to adjust the incline directly when the treadmill is running

1.6 DISPLAY FUNCTION

1.6.1 SPEED

Display running speed

1.6.2 TIME

Display the running time or countdown time

1.6.3 DISTANCE

Display the running total distance or distance countdown.

1.6.4 CALORIE

Display the calorie or calorie countdown

1.6.5 INCLINE

Display the incline

1.6.6 PULSE

Display pulse data

1.6.7 SPEED DIAGRAM

Display the diagram corresponding to the current speed.

1.6.8 ALL WINDOW DISPLAY DATA RANGE

TIME: 0:00 – 99.59(MIN)

DISTANCE: 0.00 – 99.9(KM)

CALORIES: 0.0 – 999 (C)

SPEED:0.8-22.0(km/h)

PULSE: 50 – 200 (BPM)

INCLINE: 0 – 15

1.7 PULSE FUNCTION

When the treadmill is running, hold the hand pulse about 5 seconds, it will display pulse data. The

pulse data range is 50-200 times/ minute. It has heart-shaped graphics when testing pulse. This

data is only for reference, can not be as medical data.

1.8 PROGRAM EXERCISE CHART

Every program has 16 intervals, and the operation time is equal to every interval. Following is the 15 programs exercise chart.

MODE \ TIME		SET TIME / 16= EVERY GRADE TIME															
		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
P1	SPEED	2	5	5	5	10	10	5	5	5	3	3	2	5	5	3	2
	INCLINE	0	0	1	1	1	1	2	2	2	2	3	3	3	2	2	0
P2	SPEED	2	2	7	2	2	7	7	12	4	4	12	4	4	12	4	2
	INCLINE	0	1	2	2	3	3	2	2	3	3	2	2	3	2	2	0
P3	SPEED	2	4	9	9	4	4	8	8	10	10	12	4	4	8	4	2
	INCLINE	0	1	2	3	4	5	4	5	4	2	1	2	3	2	1	0
P4	SPEED	2	6	6	6	12	12	12	12	6	6	3	3	3	5	5	2
	INCLINE	0	1	2	3	4	5	6	7	6	6	5	4	3	2	1	0
P5	SPEED	2	4	6	1	21	21	23	3	3	3	1	21	21	26	4	2
	INCLINE	0	2	4	6	4	2	1	0	1	1	2	2	2	2	3	0
P6	SPEED	2	4	5	5	6	6	8	8	6	6	8	8	6	9	6	2
	INCLINE	0	1	3	4	4	3	3	1	2	1	2	1	2	1	2	0
P7	SPEED	2	7	7	9	9	4	4	12	12	4	4	8	8	4	4	2
	INCLINE	0	1	1	2	2	3	3	4	4	3	3	2	2	1	1	0
P8	SPEED	2	2	6	6	6	8	9	10	11	12	9	5	5	5	3	2
	INCLINE	0	1	2	4	2	1	2	4	2	1	2	4	2	1	2	0
P9	SPEED	2	4	8	10	2	4	8	10	2	4	10	2	4	10	4	2
	INCLINE	0	1	2	3	4	5	6	7	8	9	8	6	4	2	1	0
P10	SPEED	2	5	6	7	8	9	10	11	10	9	8	6	7	5	4	2
	INCLINE	0	1	2	4	6	6	6	4	4	4	2	2	2	1	1	0
P11	SPEED	2	5	6	7	9	9	6	9	6	9	6	10	6	10	7	2
	INCLINE	0	2	2	2	3	3	3	4	4	4	5	5	5	4	4	0
P12	SPEED	2	6	8	1	08	6	4	6	8	1	28	6	8	1	21	22
	INCLINE	0	1	1	3	3	5	5	7	7	5	5	3	3	1	1	0
P13	SPEED	2	12	4	12	4	12	4	12	4	12	4	12	4	12	4	2
	INCLINE	0	8	10	13	4	8	10	13	4	8	10	13	4	8	10	0
P14	SPEED	2	8	10	12	4	8	10	12	4	8	10	12	4	8	10	2
	INCLINE	0	8	12	13	4	8	12	13	4	8	12	13	4	8	12	0
P15	SPEED	2	12	10	8	12	12	10	8	12	12	10	8	12	12	10	2
	INCLINE	0	3	4	5	6	8	7	8	8	7	7	6	5	4	3	0

1.9 MANUAL MODEL OPERATION

1.9.1 Press start key, time count down 5 second, then treadmill will start to work with initial speed 0.8 km/h

1.9.2 Press speed +/-, you can adjust the speed

1.9.3 Press incline +/-, you can adjust the incline

1.9.4 Press stop, you can stop treadmill at working state

1.9.5 Press quick speed key, you can quickly adjust the speed you want

1.9.6 Press quick incline key, you can quickly adjust the incline you want

1.10 3 COUNTDOWN FUNCTION PARAMETER DATA

Countdown time initial setting 30: 00 minutes, setting range 5: 00---99: 00 minutes, each step 1: 00.

Countdown calorie initial setting 50therm, setting range 10---990 term, each step 10.

Countdown distance initial setting 1.0km, setting range 1.0-99.0km, each step 0.1

Cycle switch order is: manual, time, distance, calories.

1.11 BODY TESTER (FAT)

Before start, press "PROGRAM" continually to enter "FAT" body fat test, window display "FAT". Press "MODE" to enter (F1 SEX, F2 AGE, F3 HEIGHT, F4 WEIGHT). Press "SPEED +", "SPEED-", "INCLINE+", "INCLINE-" to set, After setting, the computer will display F5 and grasp the hand pulse, the window will display your body quality index.

The body quality index is to test the relation between height and weight not the body scale.

The body FAT suits for any male and female to adjust the weight according together with other body quality index. The ideal FAT should be between 20-25, if under 19, it means too thin. If between 25 and 29, it means overweight, if over 30, it means obesity. (The data is just for reference and can not be as medicinal data)

01 Sex 01 Male 02 Female

02 Age 10-----99

03 Height 100----200

04 Weight 20-----150

05 FAT \leq 19 Under weight

FAT= (20---25) Normal weight

FAT= (25---29) Over weight

FAT \geq 30 Obesity

1.12 USER PROGRAM

U-1,U-2,U-3 are user programs, User setting time is divided into 16 sections, every section press —MODE —change, when setting speed, press speed +/-, also use speed quick button choose, after finishing, press MODE button to entre next one section. When setting incline, press incline +/- button, can set customer desired incline, range 0-15 section , also use incline quick button choose, after finishing, press MODE button enter next one section. When setting the last section, save setting and exit setting mode

1.13 HRC Program

There are 3 HRC programs (HRC1-HRC3) in total.

The parameter data setting order is “AGE” -> “THE(HRC) data” -> “TIME”.

HRC: Detect user’s actual heart rate through wireless receiver and set different the heart rate data as goal to adjust speed and incline during running.

It’s recommended that user uses the wireless chest belt while running HRC function.

1.12.1 After turning on the power, press “PROG” key to choose HRC function. HRC function is turned on when “HRC” characters shown on the screen.

User can use “SPEED +/-“ to adjust age (data from 10 to 99), after seeing the “30” shown on the screen.

1.12.2 Press “MODE” key to enter the setting of heart rate. The standard heart rate is fixed at different data from HRC1 to HRC3. Heart rate data can be adjusted from 50 to 200. User can use “SPEED +/-“ to adjust the data. (It’s recommended that standard heart rate data doesn’t need to be changed for physical health condition.)

Formula is calculated as below:

HRC1 is T.H.R = $(220-\text{age})\times 60\%$,

HRC2 is T.H.R = $(220-\text{age})\times 70\%$,

HRC3 is T.H.R = $(220-\text{age})\times 80\%$.

After finishing the setting of HRC data, user can press “MODE” key to modify the time. When “TIME” window flashes, it displays the default time as 30:00 minutes, and user can press “SPEED +/-“ to set up time.

1.12.3 Enter “START” key to begin the workout (Remember only can press “START” key after all setting is completed. It’s suggested that user use wireless chest belt to detect the heart rate. If chest belt and hand pulse

are used at the same time, data from chest belt will show up only on the screen.

1.12.4 During the operating of HRC, speed and incline will adjust as below:

(1) If Target heart rate $<THR-15$, then the speed and incline will adjust automatically every 15 second, the SPEED will increase 0.8KM/h and incline add 1 section until they reach the max. data.

(2) If $THR-5 > Target\ heart\ rate \geq THR-15$, then the speed and incline will adjust automatically every 15 second, the SPEED will increase 0.4KM/h and incline add 1 section until they reach the max. data.

(3) If $THR+5 \geq Target\ heart\ rate \geq THR-5$, then the speed and incline will not change.

(4) If $THR+15 \geq Target\ heart\ rate \geq THR+5$, then the speed will adjust automatically every 15 second, the SPEED will decrease 0.4KM/h and incline less 1 section until they reach the min. data

(5) If Target heart rate $\geq THR+15$, then the speed and incline will adjust automatically every 15 second, the SPEED will decrease 0.8KM/h and incline less 1 section until they reach the min. data

1.14 OTHERS

1.14.1 The system will enter into power saving mode automatically if there is no any action within 10 minutes under IDLE MODE and there is no display and backlit on the computer. Press any key to resume the system.

1.14.2 Countdown time, countdown calorie and countdown distance, you just can set one of them at one time, press last item to set running, the setting parameter is countdown, others display normal data.

1.14.3 MP3 audio function: Insert the MP3 cable in the input hole of the right side in the computer.

1.14.4 Bluetooth music function: Press the Bluetooth key till the display show Bluetooth icon, turn on the Bluetooth of your device to match with computer and play the music, user can increase or decrease the volume from the device, and also can turn back to last song or jump to next song.

1.14.5 USB function: Plug your USB, press the start key to play the music, user can increase or decrease the volume from the device, and also can turn back to last song or jump to next song.

1.14.6 On display – Distance covered, Calories burnt, Pulse reading, Body Fat test shown is only for indicative purpose and may vary from machine to machine. Do not compare these readings to a medical instrument.

1.14.7 When countdown parameter finished, will display “END” and warning alarm starts every 2 seconds until the treadmill completely stops and goes back to manual mode

1.14.8 You can set statistics at circled mode. Ex: When time is set at 5:00 – 99:00 and it hits 99:00, press “+” button, it will start from 5:00 again.

1.14.9 Speed control: acceleration at 0.5km/s; deceleration at 0.5km/s

Getting started guide

PREPARE

If you are around 35 years old, or have health problem, even this is your first time to do fitness exercise, please consult doctor or professional before use it.

Before you exercise, please stand on the side to learn how to operate, such as start, stop and speed adjustment. After that stand on the plastic deck of the treadmill board, catch hold of the handrail, start by 1.6--3.2 km/h low speed, stand straight, look forward, one foot try to do few times, then stand on the belt to do exercise. After adapting, you can adjust the speed to 3--5 km/h and keep doing about 10 minutes, then stop.

EXERCISE

Start exercise by walking slowly. Remember it is for your health and if you feel uncomfortable stop exercising immediately and seek medical advice.

AMOUNT OF EXERCISE

SHORTCUT——The best way to save time is do 15-20 minutes exercise.

If you are finding that it is difficult to increase your exercise intensity by increasing the speed, you can alternatively choose to increase the incline slowly which will also increase the exercise intensity for you.

EXERCISE FREQUENCY

It is better to make a weekly time schedule for your exercise routine to ensure it forms parts of your busy schedule.

SAFETY EXERCISE

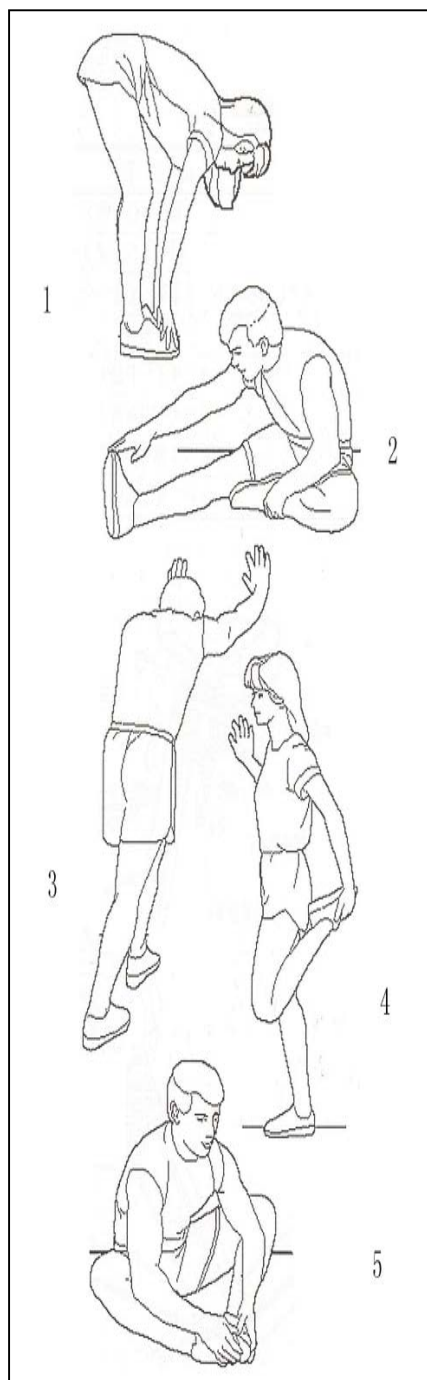
Please consult professional staff before starting an exercise program. They can help recommend the exercise rate / intensity and time according to your age and health condition. When running, When exercising if you feel tightness or pain in your chest, irregular heart beats, a shortness of breath, dizziness or feel unwell please stop exercising immediately and consult a medical professional.

If you have no experience or can't make sure the best testing speed, you can reference below standard:

Speed 0.8- 3.0 km	weak constitution people.
Speed 3.0-4.5 km	sedentary or not often exercise people.
Speed 4.5-6.0 km	walking quickly people.
Speed 6.0-7.5 km	fast walk people.
Speed 7.5-9.0 km	jogger.
Speed 9.0-12.0 km	intermediate speed runner.
More than 12.0 km	excellent runner.

ATTENTION: It is suitable for walker to choose less than or equal to 6 km speed.

Warm-up Exercise



It is better to do some warm-up exercise. Warm the muscle easy stretch, so use 5-10 mins to warm-up. Then stop and according below method to do stretch exercise for five times, and each foot do 10 seconds or more every time. After running, do those stretch exercises again.

1. Reach Down: Knees slightly bent and body slowly bent forward, back and shoulders relax, trying to touch toes. Keep 10-15 seconds and relax. Repeat 3 times(See picture 1).

2. Hamstrings Stretches: Sitting on a clean cushion, put one leg straight, the other inward and close to the inside of the straight leg. Try to touch your toes with your hands. Keeping for 10 to 15 seconds, and relax. Repeat 3 times for each leg(See picture 2).

3. Crus and Feet Tendon Stretches: Standing with two hands on the wall or tree, one leg behind. Keeping your legs straight and the heel on the ground, tilt to the wall or tree. Keep 10 to 15 seconds, and relax. Repeat 3 times for each leg (See picture 3).

4. Quadriceps Stretches: Keeping your balance with your left hand holding on the wall or table, then stretch your right heel toward your buttocks slowly, until you feel very tense in the front of your thigh. Keep 10 to 15 seconds, and relax. Repeat 3 times for each leg (See picture 4).

5. Sartorius (Inner Muscles of the Thigh Muscle Stretches: Sitting down with your soles opposite and knees outward Pull your feet toward your groin Keep 10 to 15 seconds, and relax. Repeat 3 times (See picture 5).

Maintenance Instruction

WARNING: Please make sure pull out the treadmill's power plug before cleaning or maintaining the product.

CLEANSING: General cleaning of the unit will greatly prolong the treadmill's life.

Keep treadmill clean by dusting regularly. Be sure to clean the exposed part of the deck on either side of the walking belt and also the side rails. This reduces the buildup of foreign material underneath the walking belt. Make sure the shoes are clean. The top of the belt may be cleaned with a wet soapy cloth. Be careful to keep liquid away from inside the motorized treadmill frame or from underneath the belt.

WARNING: Always unplug the treadmill from the electrical outlet before removing the motor cover. At least once a year remove the motor cover and vacuum under the motor cover.

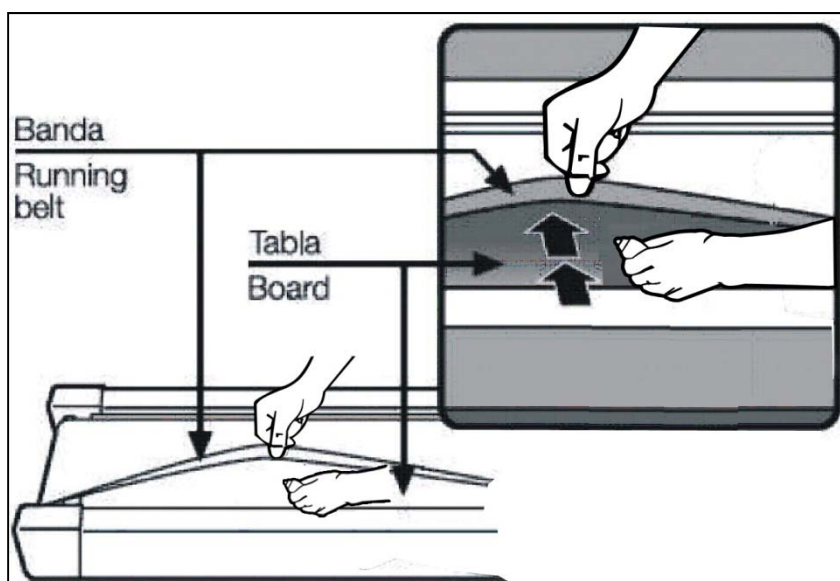
This treadmill's walking belt and deck are equipped with a pre-lubricated, low maintenance deck system. The belt/ deck friction may play a major role in the function and life of your treadmill, thus requiring periodic lubrication. We recommend a periodic inspection of the deck.

We recommend lubrication of the deck according to the following timetable:

Light user (less than 3 hours/ week)	Every 60 days
Medium user (3-5 hours/ week)	Every 45 days
Heavy user (more than 5 hours/ week)	Every 30 days

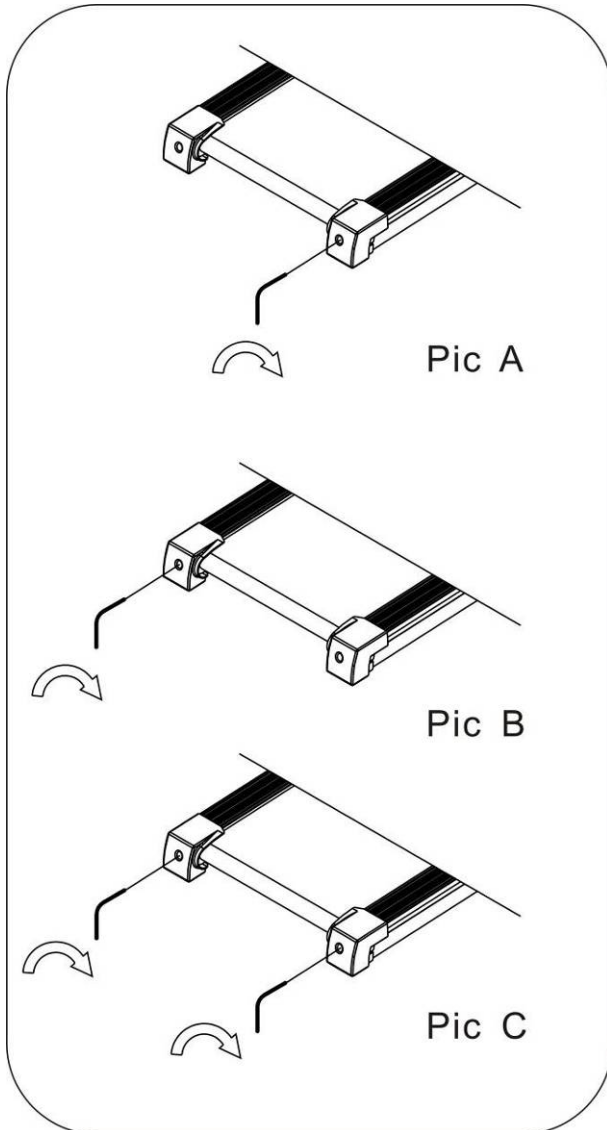
We suggest you buy lubricating oil from local distributors or contact our company directly.

Pay attention, any other maintains please ask professionals for help.



Belt Adjustment

Place treadmill on a level surface. Make treadmill run at approximately 6-8 km/h, observe the running belt deviate condition.



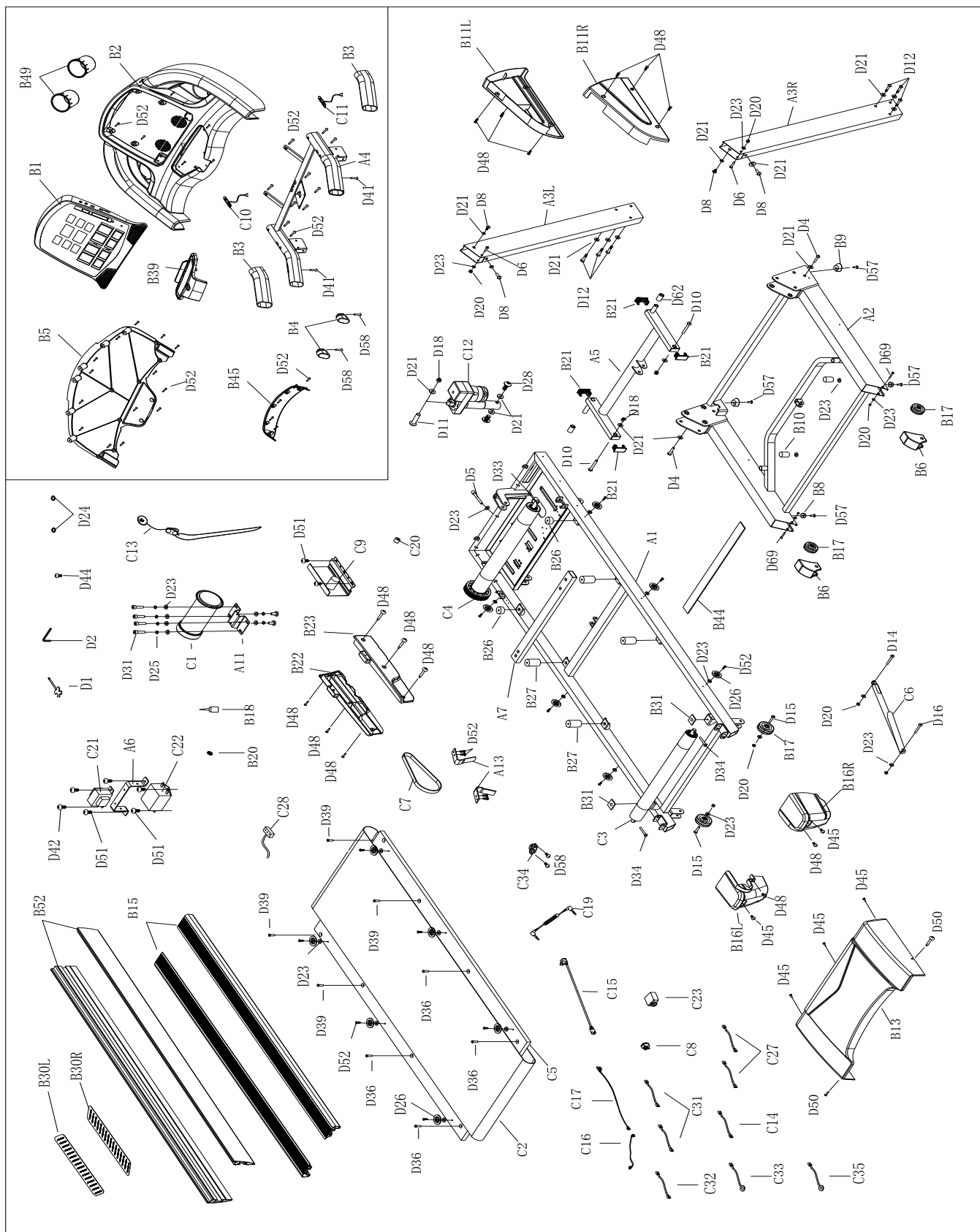
If the belt has drifted to the right, unplug the safety lock and power switch, and turn the right adjusting bolt 1/4 turn clockwise, then insert the power switch and safety lock, make the treadmill running, observe the running belt deviate condition. Repeat above steps until the running belt be placed in the middle. **See picture A**

Once the treadmill belt swerving to the left, unplug the safety lock, turn off the power, then with the left adjusting bolt clockwise rotation 1 / 4 laps, and turn on the safety lock and power to make treadmill running, checking the deviation of the treadmill belt. Repeat the above steps until the belt centered. **See picture B**

The treadmill belt will gradually relax after above steps or after a period of time using, unplug the safety lock, and turn off the power, with the two adjusting bolt clockwise rotation 1 / 4 laps, and turn on the safety lock and power to make treadmill running, then standing on the belt to confirm the tightness. Repeat the above steps until the belt has regained moderate tightness.

See picture C

Exploded Drawing



Parts list

A. Welding Parts						
NO.	Description	Qty		NO.	Description	Qty
A1	Main Frame	1		A5	Incline bracket	1
A2	Base frame	1		A6	Filter bracket	1
A3L	Left upright	1		A7	Running board supporter	1
A3R	Right upright	1		A11	Motor bracket	1
A4	Handrail bracket	1		A13	Running belt fixed bracket	2
B. Plastic Parts						
NO.	Description	Qty		NO.	Description	Qty
B1	Upper console set	1		B18	Silicon oil	1
B1-1	Upper overlay	1		B20	Round plug	1
B1-3	Upper console	1		B21	Square inner plug	4
B2	Console cover	1		B22	Motor left side cover	1
B3	Protecting foam	2		B23	Motor right side cover	1
B4	Handrail plug	2		B26	Cushion	2
B5	Console lower cover	1		B27	New cushion	4
B6	Cover of transporting wheel	2		B30L	Left stop slippery pad	1
B8	Flat foot pad	2		B30R	Right stop slippery pad	1
B9	U-shaped foot pad	2		B31	Rubber pad	2
B10	Limit cushion	2		B39	Bottom console set	1
B11L	Left side cover	1		B39-1	Bottom overlay	1
B11R	Right side cover	1		B39-2	Membrane key	1
B13	Motor upper cover	1		B39-3	Bottom console	1
B15	Side rail	2		B44	EVA pad	1
B16L	Left end cap	1		B45	Console bottom cover	1
B16R	Right end cap	1		B49	Water bottle holder	2
B17	Adjustment wheel	4		B52	Side rail cover	2
C. Electronic Parts						
NO.	Description	Qty		NO.	Description	Qty
C1	DC Motor	1		C16	Upper cable	1
C2	Running belt	1		C17	Lower cable	1
C3	Rear roller	1		C19	MP3 cable	1
C4	Front roller	1		C 21	Electrical inductance	1

C5	Running deck	1		C20	Magnetic ring	1
C6	Cylinder	1		C 22	Filter	1
C7	Drive belt	1		C23	Overload protector	1
C8	Power switch	1		C27	Single line (black)300	2
C9	Controller	1		C28	Photoelectric sensors	1
C10	Button on left	1		C31	Single wire (red) 150	2
C11	Button on right	1		C32	Single wire (black) 150	1
C12	Incline motor	1		C33	Single ground	1
C13	Safety key	1		C34	socket	1
C14	Single wire(red)300	1		C35	Single ground (CE set)	1
C15	Power cable	1				

D. Hardware Parts

NO.	Description	Qty		NO.	Description	Qty
D1	Screw driver 13-15-17	1		D31	Hex round head bolt M8X20	4
D2	Allen wrench T6	1		D33	Hex round head bolt M8X55	1
D4	Round hex bolt M10X65	2		D34	Hex round head bolt M8X60	2
D5	Round hex bolt M8X100	1		D36	Cross head bolt M6X25	4
D6	Round hex bolt M8X50	2		D39	Cross head bolt M6X40	4
D8	Round hex bolt M10X15	4		D41	Cross head 4.2X70	2
D10	Round hex bolt M10X45	2		D42	Cross head bolt M4X10	2
D11	Round hex bolt M10X50	1		D44	Cross head bolt M5X12	1
D12	Round hex bolt M10X55	6		D45	Cross head bolt M5X15	5
D14	Round hex bolt M8X30	1		D48	Cross self-tapping bolt ST4.2X19,washer	14
D15	M8X40 Round hex bolt	2		D50	Cross self-tapping bolt ST4.2X25,washer	2
D16	Round hex bolt M8X45	1		D51	Cross head bolt M5X8	6
D18	Nylon nut M10	3		D52	Cross head bolt ST4.2X16	48
D20	Nylon nut M8	8		D57	Cross head bolt ST4.2X25	4
D21	Flat washer M10	17		D58	Cross head bolt ST3.5X16	4
D23	Flat washer M8	27		D62	Incline shift cover	2
D24	Spring washer M5	2		D69	Round hex bolt M8X55	2
D25	Spring washer M8	4				
D26	Curved washer	12				
D28	Hex round head bolt M10X20	2				

Error code and significance

Error Code	Error Code Description	Solutions
E01	Failure communication between controller and computer	<ol style="list-style-type: none"> 1. Check if computer is connected to controller with correct wires, check connector, check if wire is damaged, or unplug and re-connect 2. Change inverter and test 3. Change computer and test
E02	Motor connection problem	<ol style="list-style-type: none"> 1. Check if motor wire is connected well. 2. Check if controller is working, If not, please change one.
E03	Overload protection	<ol style="list-style-type: none"> 1. Protection is activated when current is overloaded, or when motor cannot run properly. If it's the second situation, examine the treadmill and re-start it. 2. Check if there's un-normal smell. If so, please change motor or Controller. 3. Check if electric voltage works in proper range.
E04	Incline self-learning fault	Showing E4 when incline motor runs for adjustment. Adjustment is completed automatically, or it fails.
E06	Rush protection	Check if there's un-normal smell. If so, change controller
— —	Computer doesn't detect safety key signal	<ol style="list-style-type: none"> 1. Check if safety key switch works, connecting wire works, or magnet inside works 2. Safety key is not placed correctly 3. Safety key is damaged
No display on computer	No power	<ol style="list-style-type: none"> 1. Check if power cable is connected to machine or change to another power outlet. If power switch is in position, test it by switch ON/OFF. If the power switch is burned out, replace one and make sure there's power to machine 2. Check cable connection between computer and controller 3. Replace adaptor or computer



Model No: COLORADO 300

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GPI Sports & Fitness
275 Wellington Road
Mulgrave, VIC, 3170
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